

## York, PA: September 13-14, 2024



Walt Fritz, PT's **Foundations in Manual Therapy Seminar: Voice and Swallowing Disorders** targets the patient populations of the SLP and voice professional, as well as massage therapists, physical therapists, and occupational therapists with interest in treatment to issues of breathing, the neck, TMJ, tongue, and related areas/topics. The seminar is 14.5 total contact hours covering an examination of the evidence and science behind manual therapy, with a comprehensive yet straightforward narrative built and used throughout the class. Relying on current evidence in the SLP literature, this seminar relies on core neuroscience and behavioral science principles to explain the impacts of the work. The underpinnings of manual therapy are introduced and reinforced through guided and assisted instruction, all in the context of a patient-directed model of care.

Therapists with no manual therapy experience will find the class supports them through learning, while those with previous experience in manual therapy, circumlaryngeal manual intervention, and other forms of manual therapy will find Walt's approach introduces further depth and meaning to existing models of care. Using a simple means of touch-based evaluation and treatment, you'll learn to include shared decision-making in guiding treatment choices. We will work our way through the diaphragm and chest wall region, into the entire anterior neck, the mouth, tongue, and face, all while applying strategies to improve conditions of dysphagia, dysphonia, globus, articulation, and many other commonly encountered problems. In addition to targeting dysfunction, we will be attending to vocal performance. Manual therapy can be a valuable adjunct to existing evaluation and movement-based treatment strategies, not necessarily intended only as a stand-alone intervention.

This seminar includes a 2-hour pre-seminar online course, which must be completed before the live 12.5 hours seminar.

After completing this seminar, the therapist will understand and apply the principles presented in evaluating and treating a multitude of voice, swallowing, and many related disorders. ASHA CEUs and NCBTMB/Massage Therapist CEUs are approved, with many PT and OT State Board CEUs approvals in place.



Walt Fritz, PT Pain Relief Center is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.



Voice and Swallowing Disorders: This program is offered for **1.45 ASHA CEUs** (Intermediate level; Professional area) and **15.0 NCBTMB**. Other CEUs are available; please inquire early.

Walt Fritz, PT, has taught his work to thousands of speech-language pathologists and voice professionals and MTs, PT, and OTs across the United States, Canada, Australia, Hong Kong, Jamaica, New Zealand, Taiwan, and the UK and is a course-content expert. His approach to manual therapy in the treatment of voice, swallowing, neck, and related issues are supported by a robust reference list of evidence, as well as through the experiential feedback of the many professionals who have taken his seminars. The manual therapy introduced in this seminar is easily implemented into clinical practice immediately following the completion of the seminar. Walt offers a comprehensive support network after completing the workshop through a private Facebook group, where all the hands-on seminar content has been uploaded in video format and is available to the group. The group also serves as a central meeting place for questions, feedback, and interaction with other professionals who have taken his training, allowing discussion of case examples and patient successes, as well as problem-solving challenging cases.

Full details, agenda, evidence to support this work, pricing, and registration: [www.WaltFritz.com](http://www.WaltFritz.com) or call 585-244-6180. **Early Bird, Student, and Group discounts apply (10% off for 2-3 therapists and 15% off for four or more)**. The \$100 Early Bird discount expires April 1.

**Location: OMT of York**  
**1404 E. Market St, York, PA 17403**  
ASHA course: ABIQ 2001-063